



CEO's Message

Howard Emery

Within my June report I indicated that Freemasons WA was to enter into agreement with Community of the Ageing (COTA) in order to develop health and well being programs and services to our residents. I am now pleased to advise that our agreement has been ratified and the development of these programs will commence in October within Howard Solomon Residential Estate. Relevant staff at Howard Solomon will be trained by the team from COTA in order for them to implement and manage health and exercise programs then measure the outcomes of these for our residents. Our goal, going forward, is to implement these programs into our villages assisting our residents to maintain everyone's health and well being. I look forward to providing greater detail to you all early in the new year.

In November of this year Freemasons WA will apply for Commonwealth home care packages in Perth's metropolitan area, our goal is to be able to offer our residents home care packages direct with Commonwealth assistance in funding. These packages

are highly sought after and extremely difficult to attain however FWA's mission to assist those in need will see us continually apply on our residents behalf. The outcome of our application should be known in early 2010, I look forward to a positive outcome.

Our Howard Solomon care facility shall be commissioned in November of this year that is Stage One 65 places. I look forward to inviting residents to have a sneak preview prior to that day to see first hand the wonderful facility FWA has developed for our community. It is also pleasing to note that the Commonwealth Government continues to raise aged pension levels in order to improve pensioners well being. It would be a wonderful situation for aged pensioners if our politicians can maintain a sustainable level of pension in order for our seniors to maintain their standard of living and dignity.

For residents residing within our Resident Funded Villages I can report that the review of our Retirement Village Code is nearing its completion with all parties offering submissions and suggestions to Government. I am sure the new Code will offer residents and management new opportunities to meet and discuss a suitable way forward as we have done over the years past.

Our Operations Manager Sue Huxley has retired from her position and returned to the UK. For those who knew Sue will concur that she will be sadly missed and we wish her well for the future. Mr Brendan O'Leary has accepted the Operations Managers Residential Services position, Brendan brings with him vast experience in aged care and retirement living along with a high level of professionalism which shall be evident to all when meeting Brendan.

A Visit from the Bill

We all have increasing concerns about public safety and antisocial behavior in our local communities and these concerns are often confused by confecting media reports. With these important issues in mind Client Services Officer Kellie Elliott organized our local boys and girls in blue to hold a Seniors Safety Seminar.

The Seminar was held on Thursday 27th August 09 for 11 interested residents as well as Kellie herself and our Property Maintenance Officer Shane Carver. Shane happened to be working at the village on that particular day and was delighted to be able to take full advantage of the opportunity to participate.

The residents were very grateful to the representatives from the local police station for giving freely of their most valuable time and for providing a very interesting and reassuring afternoon. As a token of gratitude Mrs. Pat Gladwell kindly baked a batch of her fantastic scones for afternoon tea.



Financial Advice for Residents from Centrelink

The Federal Government Department "Centrelink", provided the services of a Financial Advisor to conduct a morning seminar on the impending changes (20th September 09) to the aged pension.

The Seminar was conducted at Corinthian Court and Keith Simpson Villages on Tuesday the 18th August and attended by 22 residents. The residents greatly appreciated the important information



Corinthian Court & Keith Simpson seminar

they received from the Centrelink representative and admired the entertaining style of delivery. The seminar was followed by a morning tea which was also greatly appreciated by both the residents and the guest.

The seminar was also held on Thursday 27th August at the Ashlar Glen and Dianella Villages for a "full house" attendance.



Ashlar Glen & Dianella seminar

Good bye Sue Huxley

FWA held a celebration to say good bye to our departing Operations Manager Sue Huxley and to show appreciation and gratitude for her care and attention to residents and staff alike.

Thank you Jo Brightwell for the fantastic DVD you organized with all the residents of Kingsley and staff saying their farewells. It was the highlight of the afternoon. (second only to the champagne)

Sue will be dearly missed and we were excited to send her off with a great farewell.

Very best wishes to Sue and her husband Iain

Warm welcome to Brendan O'Leary

We are delighted to advise that we have appointed our new Operations Manager Mr Brendan O'Leary

who will be replacing Sue Huxley. Brendan comes with an extensive amount of experience within the retirement living and aged care sector. He has also been heavily involved within the Hospitality & Tourism industry.

We are fortunate to have Brendan join our team and we wish him a warm welcome to Freemasons WA.

Welcome Wendy to the team

It is a joy to have Wendy Low as part of the Freemasons WA team, Wendy joined us in late August 2009 as our new Accountant and has meshed in immediately. Wendy brings with her a lot of expertise and as well as being based in Kingsley will also be working with Kim Oates and the team at Howard Solomon Residential Estate as part of her role. We wish Wendy a long and happy career at Freemasons WA.



Left to Right, Sue Huxley, Brendan O'Leary and Wendy Low

Stay on Your Feet Seminar at Lawley Park Village

A Morning Seminar for FWA residents on subjects relating to podiatry and nutrition was presented at the Lawley Park Village on September 16th. The Guest speakers were Dr. Soon, and representatives of Podiatry Services and Nutrition Australia.

There was a brief "meet and greet" at 9.30am with tea, coffee and fresh fruit platters followed by the first of the talks from Podiatry Services at 10.00am. At 10.25 Dr. Soon addressed the residents on the very important issue of "fall prevention" followed by an address on healthy eating by Nutrition Australia. This topic

included information on the importance of reading and understanding food labeling to ensure healthy choices are made when selecting food products. Nutrition Australia also incorporated a cooking demonstration to illustrate healthy cooking techniques to the residents. The event concluded at 12.15 and was heralded as a very worthwhile and informative event.

Lawley Park Village Senior Residential Services Manager, Gary Watts was very pleased with the success of the event and with the attendance of over fifty residents drawn from various FWA villages.



Nutrition Australia demonstrating healthy cooking techniques.



Podiatrist, Joanne, with residents Eve Simmonds, Sarah Beinardt and Pat Bowman.

Viva Italia!

There is little nicer than sharing a great dinner with friends and neighbours. When the lunch becomes a delicious Italian feast the wonderful experience is, of course, even further enhanced.

59 residents of Ashlar Glen and Dianella Villages sat down to the monthly dinner which on this occasion featured the fabulous fare of Italy on the menu. The appetizer was a wonderful antipasto selection and was followed by Lasagna, Spaghetti Bolognese and salad with garlic bread on the side. Dessert was a delicious apple crumble slice with custard.

This gourmet meal was catered for by the fabulous ladies of the Social Committee. Special thanks must also be extended to the Chairperson Bev Kalmund and her Committee together with the residents who so capably performed the duties of waiters for the memorable evening.

The ever popular raffle was well received by the company with many prizes bringing happiness to the lucky few as usual.



Tucking in Italian style



Mick and Kaye enjoy the fab Italian Fare

Back on the Green

It was very disappointing for both Freemasons WA and the residents of Corinthian Court when the Bowling Green was closed due to structural faults by BGC Construction in the original installation. Happily the ensuing court case was won by FWA and BGC was instructed to complete the necessary rectifications and reinstallation by September 09.

The rectifications were made according to the ordered schedule and the grand reopening finally took place on Friday 11th September 09. The event was attended by residents of both the Corinthian Court and Keith Simpson Villages together with the staff of FWA.

The afternoon's program commenced with an address from Roy Millard in which Roy thanked the Lawley Park Village for the use of their green throughout the reinstallation process. Roy also expressed his gratitude



Ann Smith and Sue Huxley.

to Bowls WA for their assistance, the bowlers from Lawley Park, RSM Gary Watts, Bernie Cummins (our triumphant lawyer) together with Operations Manager Sue Huxley.

The next item on the agenda was for Roy to invite two teams of two players to lay up the first bowls in the opening two bowl game. Team 1 comprised Sue Huxley and Bernie Cummins who were to pit their skill and cunning against the intrepid pairing of Jo Brightwell and Roy Millard. We are reliably informed that this competition was

over and settled in a remarkably short period and after its conclusion the village representative teams were invited by Roy to commence a 6 end game. After a break for afternoon tea another 6 end game was held prior an evening sausage sizzle for all who wished to stay to round out a very pleasant and satisfactory afternoon.



Barbara Malone, Evelyn Banks and Beverly Vandermozel.



Roy Millard helps out the beginners

Big Breakfast for Fathers Day treat

It was "rise and shine" nice and early for 48 Corinthian Court and Keith Simpson residents for a "Big Breakfast" Fathers Day treat on Friday 4th September.

Not just tea, toast and cornflakes for these lucky fellows, this was the full traditional buffet with a glass of chilled orange juice or even a glass or two of bubbly if you were game enough. Professional caterers were

brought in for the occasion and provided a remarkable and delicious selection of foods topped off with wonderful Danish pastries and fresh hot coffee.

The Fathers Day Breakfast has become a popular and well patronized annual event at the village and looks set to continue to be a favorite social event for dads, and of course, mums, in future years.



The Fathers Day Big Breakfast